

The crucial role of stereochemistry in the inhibition of A β amyloid growth and toxicity by Silybins

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The self-assembling of the amyloid β (A β) peptide into neurotoxic aggregates is considered a central event in the pathogenesis of Alzheimer's Disease (AD). Based on the "amyloid hypothesis" much efforts have been devoted in designing molecules able to halt disease progression by inhibiting A β self-assembly. By combining biophysical, biochemical and computational techniques, we investigated the ability of four optically pure components of the natural product Silymarin (Silybin A, Silybin B, 2,3-Dehydrosilybin A, 2,3-Dehydrosilybin B), to inhibit A β aggregation. Despite we demonstrated that all the investigated flavonoids prevent the formation of mature fibrils, our results showed that only Silybin B was able to halt the growth of small-sized protofibrils thus promoting the formation of large, amorphous aggregates. Our data suggest that Silybin B interacts mainly with the C-terminal hydrophobic segment 35MVGGVV40 of A β 40 and its conformation remains predominantly unstructured. By contrast Silybin A interacts preferentially with the segments 17LVFF20 and 27NKGAI32 of A β 40 which shows a high tendency to form bend, turn and β -sheet conformation in and around these two domains. Moreover in vivo studies in a transgenic *C. elegans* strain expressing human A β , indicated that Silybin B is the most effective of the four compounds in counteracting A β proteotoxicity. This study underscores the pivotal role of stereochemistry in determining the neuroprotective potential of Silybins and points to Sil B as a promising lead compound for further development in anti AD therapeutics.

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